

# ST. ELIZABETH CHURCH

Established 1912 / Present Church dedicated 1962

Mailing Address: 449 Holyoke Street, S.F. CA 94134

## First Sunday of Lent March 6, 2022



**Rev. Charles Puthota, Ph.D., Pastor**

### Mission Statement of St. Elizabeth Church

“The joys and hopes, the griefs and anxieties of the people of our time, especially of those who are poor or in any way afflicted, are the joys and hopes, the griefs and anxieties of the followers of Christ as well. Indeed, nothing genuinely human fails to raise an echo in their hearts. For theirs is a community of people united in Christ and guided by the Holy Spirit in their pilgrimage towards the Kingdom of their Father, bearers of a message of salvation for all of humanity. That is why they cherish a conviction of deep solidarity with the human race and its history.”

(From the Preface of *The Church in the Modern World*---Gaudium Et Spes---of Vatican II)

### Parish Staff

**Sandra Mehrwein** Secretary  
**Patricia Spiteri** Pastoral Coordinator  
**Fred Spence** Maintenance  
**Lily Codd** Faith Formation  
650-771-3176  
[lilycodd2015@gmail.com](mailto:lilycodd2015@gmail.com)

### Parish Office Hours

Monday through Thursday  
8:00 am to 12:00 pm (unless otherwise posted)

### Closed Friday

449 Holyoke Street (Parish Office)  
415-468-0820 Fax 415-468-1457

**Website:** [www.stelizabethsf.org](http://www.stelizabethsf.org)

**Email:** [stelizabethchurchsf@gmail.com](mailto:stelizabethchurchsf@gmail.com)

### Liturgy Schedule

Saturday **4:30 pm**  
Sunday **9:30 am**  
Monday through Saturday  
Divine office: 8:00 am  
Mass: 8:30 am  
Holy Day 8:30 am & 6:00 pm

### Confession Schedule

After the 8:30 am Daily Mass  
4:15 pm before the 4:30 pm Mass  
9:15 am before the 9:30 am Sunday Mass

**Baptism Preparation Classes** Call the Parish Office for more information.

### Sacrament of Marriage

Call the Parish Office at least six months before the desired date.

**Benediction and Our Lady of Perpetual Help Novena:** Wednesdays after the 8:30 Mass.

**Legion of Mary Meeting** 5:00 pm Monday in the Rectory.

**Second Saturday** after the 4:30 pm Mass: Sto Nino Prayer and Benediction in Mary's Chapel.

**1000 Hail Mary's** Third Saturday after the 8:30 am Mass until 3:30 pm: A Day of Prayer and Adoration.

**Light of God Prayer** 2<sup>nd</sup> and 4<sup>th</sup> Friday of the month after the 8:30 am Mass.

**Per the Archdiocese of San Francisco:**

**Congregants are to wear masks during Mass indoors. Social distancing reduced to 3 ft between households.**



**From the Pastor's Desktop**

**A Message from  
Father Charles Puthota  
March 06, 2022**

Dear Parishioners of St. Elizabeth,

**Archdiocesan Annual Appeal (AAA): Goal ---\$30,500.** We are in the fourth week of our campaign. Please give early and generously. If we make our goal soon, we don't have to talk about it for the rest of the year. The purpose of AAA is to accompany the Archdiocese in their mission of Christ with the resources they need. As you know well, our own parish is the recipient of their ministries. Let's celebrate our inseparable connection with the mystical body of Christ, which is not only our parish but our Archdiocese and the universal Church. Also, please keep in mind the One Percent Club which means that you are invited to **give one percent of the amount of \$30,500, which is \$305.** Please give what you can generously and wholeheartedly

**Lent --- A Season of Decisions for Love:** We are in the first week of Lent. We began with a bang on Ash Wednesday by having our foreheads marked with ashes with the haunting words spoken: "Remember that you are dust and to dust you will return." These words give us perspective on who we are and what we need to do. Lent sometimes is mistakenly viewed as a time of doom and gloom. On the contrary, I see it as a time of joy and newness. It's a time for decisions about love. Shall we learn to love ourselves as God loves us --- with gentleness and delight? This would also mean taking care of our bodies with the proper food, sleep, rest, nourishment, exercise, etc. Shall we learn to love others again, knowing how precious and beautiful they are? Shall we especially renew our love for those who are suffering and in need? God loves the poor and those in need with a special love; so should we. Shall we again learn to love God with all our heart, soul, mind, and strength? Are we ready to let God work the magic of love and grace in our lives? Lent is a propitious time for love. Let's keep the fire of love going strong and steady. Let it light up the whole sky!

**Lenten Retreat on Saturday March 12: Please Register:** Theme: Prayer. Starts at 8:30 a.m. Mass. Registration Fee: \$15. Please ask for Registration forms in the Church.

**Three Pillars of Lent: Prayer, Fasting, Almsgiving.** How can we practice these three important components of Lent? These three are related to God, ourselves, and others. Shall we make concrete plans this Lent about the practice of these three pillars.

**Word of God: Temptations:** The gospel from Luke this Sunday gives an account of the three temptations of Jesus. Perhaps we are so dazzled by Jesus' divinity that we don't even want to think that Jesus was tempted. So human was he. Is there anyone among us who has not been tempted?

Someone has said: "Opportunity may knock only once, but temptation leans on the doorbell." The real challenge for us is to keep choosing the better things over the good things.

Jesus could have easily done the things he was tempted to do because they were not necessarily bad things, but he chose to do better things for God, for himself, and others. It's interesting that in this temptation story, Jesus combats temptations armed with the Word of God. Maybe for us a good place to dwell as we examine our lives is the Word of God. Lent again is a good time to read, reflect, meditate on the Word of God. I know a friend of mine who reads the Word of God daily and faithfully. She tells me that she finds in it the strength and light she needs. Maybe, we could all cultivate the habit of reading the Word of God daily, as a Lenten practice.

**Stations of the Cross on Fridays in Lent:** Immediately following the 8:30 a.m. Mass, the Stations of the Cross will be prayed. Please do join.

**Attend Daily Mass in Lent:** Would it be possible to join the daily Mass as something you could do as different from the other seasons? Think about it! I know a whole lot of people choose to go to daily Mass in the whole of Lent.

**Divine Office at 8:00 a.m.:** Also, if you could, join the Divine Office, the Morning Prayer, prayed in our Church of St. Elizabeth every day at 8:00 a.m.

**Read Prayerfully Luke's Gospel in Lent as a Parish Spiritual Project:** Shall each one of us take up the Gospel of Luke and read its 24 chapters? This we could do as a whole parish.

**Fast and Abstinence: These are good for us physically and spiritually, reminding us of the poor and the hungry and helping us in self-control:** **Abstinence:** Everyone 14 years of age and older is bound to abstain from meat on Ash Wednesday, each Friday of Lent, and Good Friday. **Fasting:** Those 18-60 years of age are to fast on Ash Wednesday and Good Friday. On these two days the law of fasting allows only one full meal a day, but does not prohibit taking some food during the day, as long as this does not constitute another full meal. Drinking liquids during the day is permitted. Do not neglect your medications, though. If possible, the fast and abstinence on Good Friday could be continued into Holy Saturday until the Easter Vigil as a way of honoring the suffering and death of the Lord and to prepare ourselves for the Feast of Easter.

**Lenten Quote:** "O lord, make this Lenten season different from the other ones. Let me find you again. Amen."---Henri Nouwen.

**Pray for Ukraine:** As Pope Francis has invited us, let's keep praying for peace in Ukraine! Let the leaders never resort to war and violence! Let there be peace on earth and let it begin with me!

Your Friend & Pastor,  
Father Charles Puthota

**First Sunday of Lent  
March 6, 2022**

The word is near you,  
in your mouth and in your heart.  
— Romans 10:8



**IN THE DESERT**

Jesus was led by the Spirit into the desert for forty days, and then the devil tested him. Moses and the Israelites had been in the desert for forty years before being led to the land of milk and honey. There were times when they called out to God, sure that, as Saint Paul wrote to the Romans, "everyone who calls on the name of the Lord will be saved." We sometimes spend time in the desert as well. Not a literal desert most of the time, but a desert in which it seems difficult to perceive God's presence, times when we face difficulty and are tempted to leave God's ways behind. On this First Sunday of Lent, Jesus shows us what to do in these moments: stand firm and trust in God.

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**TODAY'S READINGS**

**First Reading** — The Israelites show their faith by offering the LORD first fruits of the products of their new land (Deuteronomy 26:4-10).

**Psalm** — Be with me, Lord, when I am in trouble (Psalm 91).

**Second Reading** — All who express faith in the risen Christ and confess that he is Lord will be saved (Romans 10:8-13).

**Gospel** — Jesus was led into the desert by the Spirit and was tempted (Luke 4:1-13).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



**Daylight Savings Time is right around the corner.  
Daylight Savings time starts March 13, 2022.**

**MASS INTENTIONS**

<b>Monday</b> 8:30 am	<b>March 7</b> † Paul Galea † Cristina Dela Cruz
<b>Tuesday</b> 8:30 am	<b>March 8</b> † Manuel Scerri † Joseph Vella
<b>Wednesday</b> 8:30 am	<b>March 9</b> † Giovanni Rebagliati † Leon Winant
<b>Thursday</b> 8:30 am	<b>March 10</b> † Norma Quilantang † Eileen Muirragui
<b>Friday</b> 8:30 am	<b>March 11</b> † Charley Borg Geronima Carino (L)
<b>Saturday</b> 8:30 am	<b>March 12</b> † Norma Mangonan Leah Solis (L)
4:30 pm	† Paul, † Theresa and † Joseph Vella † Grace and † Sam Fernandez
<b>Sunday</b> 9:30 am	<b>March 13</b> People of the Parish † George Falzon † Angela Rodriguez
†Denotes deceased – (L) Living	

**Saturday/Sunday Collection  
March 5-6, 2022**

<b>Weekly Need:</b>	<b>\$ 5,000.00</b>
<b>First Collection</b>	<b>\$ 2,058.00</b>
<b>Parish Ministries</b>	<b>\$ 551.00</b>
<b>Over/Under</b>	<b>\$ 2,391.00</b>

*If you make your offertory donation by check, without using parishioner envelopes, it would be most helpful if you placed your parishioner/envelope # in the "memo" section of the check. This helps us input your donation to the offertory data system.*

*We will not be responsible for donations not credited due to missing envelope numbers.*

**Thank you!**  
**2022 Archdiocesan Annual Appeal**  
**Supporters**

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***Please note: Donations are acknowledged once we receive the monthly report from the Archdiocese Office of Development***

- \* 1% Circle donors (\$305.00 and more) have an asterisk next to their name
- ▶ Names of those who have donated \$25.00 or more are listed in the bulletin
  - ▶ Thank you to our anonymous donors
  - ▶ If your name is missing, contact the Rectory Office
  - ▶ If contributing by check directly to St. Elizabeth, please make payable to Archdiocesan Annual Appeal

## **Lent**

The following regulations are in place for abstaining and fasting during Lent:

**During Lent, every Friday the 8:30 am Mass will be followed by the Stations of the Cross.**

**Abstinence** : Everyone fourteen years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent and Good Friday.

**Fast**: Everyone eighteen years of age and older but under the age of sixty is bound to fast on Ash Wednesday and Good Friday.

On these two days, the law of fast allows one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or the ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.



**It is with great joy we welcome Owen Kurt Aguiluz into our church and community. Owen received the Sacrament of Baptism at our Rectory Chapel on Saturday, February 26<sup>th</sup>, 2022.**

### **SYNODAL LISTENING SESSION**

Registration is now open for the Synodal Listening/Engagement sessions. These sessions are available in-person in all three counties of the Archdiocese, and also virtually using Zoom. Registration is highly encouraged to help the host parishes plan for how many people will be in attendance.

Please visit [www.sfarch.org/synod](http://www.sfarch.org/synod) to register. Click on "Attend a Listening Session" and you'll be able to find sessions in all three counties and several virtual Zoom sessions. All you need to do is click on the session you'd like to attend and you'll be transferred to a registration form.