

ST. ELIZABETH CHURCH

Established 1912 / Present Church dedicated 1962

Mailing Address: 449 Holyoke Street, S.F. CA 94134 **Phone:** 415-468-0820

Website: www.stelizabetsf.org **Email:** stelizabethchurchsf@gmail.com

June 22, 2025 The Most Holy Body and Blood of Christ



Mission Statement of St. Elizabeth Church

“The joys and hopes, the griefs and anxieties of the people of our time, especially of those who are poor or in any way afflicted, are the joys and hopes, the griefs and anxieties of the followers of Christ as well. Indeed, nothing genuinely human fails to raise an echo in their hearts. For theirs is a community of people united in Christ and guided by the Holy Spirit in their pilgrimage towards the Kingdom of their Father, bearers of a message of salvation for all of humanity. That is why they cherish a conviction of deep solidarity with the human race and its history.”

(From the Preface of *The Church in the Modern World*---Gaudium Et Spes---of Vatican II)

Rev. Charles Puthota, Ph.D., Pastor

Parish Office

449 Holyoke Street
415-468-0820 Fax 415-468-1457

Parish Office Hours

Monday through Thursday
8:30 am to 12:00 pm

Closed Fridays

Parish Staff

Patti Spiteri	Administrative Assistant / Pastoral Coordinator
Sandy Mehrwein	Secretary
Fred Spence	Maintenance
Laurie Digneo	Faith Formation Coordinator

Mass Schedule

Saturday **4:30 pm**
Sunday **8:30 am and 10:30 am**

Monday through Saturday

Divine Office 8:00 am
Mass 8:30 am
Holy Day 8:30 am & 6:00 pm

Confession Schedule

4:00 pm before the 4:30 pm Saturday Mass
10:00 am before the 10:30 am Sunday Mass

Baptism Preparation Classes

Call the Parish Office for more information.

Sacrament of Marriage

Call the Parish Office six months before the desired date.

Benediction and Our Lady of Perpetual Help Novena: Wednesdays after the 8:30 am Mass.

Legion of Mary Meeting: 5:00 pm Monday in the Church.

1000 Hail Mary's: Third Saturday after the 8:30 am Mass until 3:30 pm.

Over 50 Group: Thursdays at 12 pm in Cantwell Hall (**group will not meet during floor restoration period**).



From the Pastor's Desktop

A Message from
Father Charles Puthota
June 22, 2025

Dear St. Elizabeth Parishioners,

Corpus Christi, The Most Holy Body and Blood of Christ:

This Sunday is the Feast of the Body and Blood of Christ. Keep in mind, it's not called the Feast of the Soul of Christ or the Spirit of Christ. It's the body and blood of Christ. It's the feast of the flesh and blood of Christ. We are connected with the flesh and blood of Christ. That's how close we are to him. In the Eucharist, he enters our flesh and blood, and we enter his flesh and blood. We---Jesus and us---become inseparable. As Paul says, "It's no longer I who live but Christ who lives in me." In John's Gospel, Jesus would say again and again: "Remain in me, as I remain in you." When we partake of the Eucharist, we become intimate with Christ and with one another. When we become one with others in the Eucharist, the implications for what we can do for one another are crystal clear. We'll love, respect, and care for one another. We'll rearrange our relationships; we'll ensure that no one goes without food, clothing, shelter, justice, dignity, peace, and prosperity, not just in our neighborhoods, but all over the world. Jesus is the bread of life. Even as bread is essential for the survival of body, Jesus is essential for our life.

Jesus is the Bread for the world as well. When the world shares in the body and blood of Christ, we'll strive to remove hunger and poverty from the world. We can do that by sharing our blessings with others. As Julius Nyerere, the late President of Tanzania and an ardent Catholic believed that it is not that we do not have enough for everyone; it's that we do not have people who share. Ultimately, as Jesus shares his own life with others in the Eucharist, we are called to share our lives, all that we are and do, with others. Eucharist is "source and summit of Christian life." Eucharist is also Thanksgiving; it's the memory of Jesus; it's the source of eternal life; it's the sign of the unity of the human family; it's what transforms us into the body of Christ, the community of believers. If the Eucharist is all this multi-dimensional reality and mystery, with what kind of reverence and anticipation should we be approaching it, knowing that in the Eucharist there's the assurance of our being united inseparably with Christ and with all others, with the hope that we are all destined for a life of fulfillment here and life everlasting?

Spirituality of the Ordinary Time: After Lent, Holy Week, Easter, Ascension, and Pentecost, we started the Ordinary Time on June 9, the day after Pentecost. This Ordinary Time will continue until we begin the Advent Season on November 30, 2025. The liturgical color is green. The focus is on our becoming the disciples of Jesus. Jesus who has ascended to his Father has given us the Holy Spirit, who comforts us and reminds us of all that Jesus has taught us.

Even as the early Church was guided by the Holy Spirit, which we read in the Acts of the Apostles, the same Spirit guides our goings and comings in the 21st Century. Jesus has not orphaned us. He is with us always, even to the end of time. So let's open our hearts to the Holy Spirit who will make the teachings of Jesus alive and aflame for us, will make us be excited about Jesus and his values, will lead us in discernment to make the good choices, and spend our lives in love and service.

Feast of the Most Sacred Heart of Jesus: Observed on the Friday following Corpus Christi, this glorious feast honors Christ's divine love for humanity, symbolized by his heart. The feast highlights Jesus' compassionate and merciful love, especially as revealed in his suffering and death. The devotion grew through the visions of the French Saint Margaret Mary Alacoque in the 17th century, who promoted veneration of the Sacred Heart as a source of grace and healing. The feast was officially established by Pope Pius IX in 1856. It invites the faithful to reflect on Jesus' infinite love, deepen their trust in him, and commit to acts of reparation and charity. The heart of Jesus represents both divine mercy and a call to love others selflessly.

Pope Leo IV: Pope Leo was elected on May 8. It's a month and a half since he began his papal ministry. With the world media attention on the funeral of Pope Francis and the election of Pope Leo, the Church has received the admiration of the whole world for our rituals and traditions, for our faith and mission, for our stand for peace and justice, and for our love and service. The Church is a community that stands tall for truth, beauty and goodness. Pope Leo has infused an intense hope in the Church and the world for what we could be within and without---a community of disciples and a light to the world. Let's keep supporting the Holy Father with our prayers, love, and loyalty. In the Holy Father, we are all united as sisters and brothers to give glory to God and to follow Christ our Lord.

Quotable Quotes: "Live in the sunshine, swim the sea, drink the wild air." - Ralph Waldo Emerson. "Always remember that you are absolutely unique. Just like everyone else." - Margaret Mead. "Don't judge each day by the harvest you reap but by the seeds that you plant." - Robert Louis Stevenson. "I failed my way to success." - Thomas Edison. "Life is ours to be spent, not to be saved." - D. H. Lawrence.

Humor: 1. People say New Yorkers can't get along. Not true. I saw two New Yorkers, complete strangers, sharing a cab. One guy took the tires and the radio; the other guy took the engine. 2. A man was applying for a job as a prison guard. The warden said, "Now these are real tough guys in here. Do you think you can handle it?" "No problem," the applicant replied. "If they don't behave, out they go!"

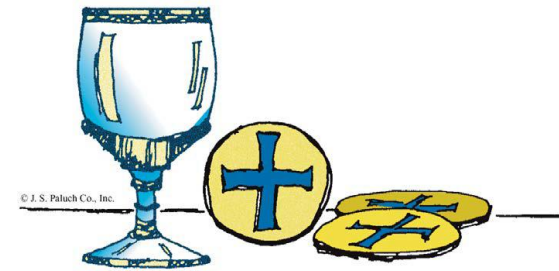
Your Friend and Pastor,

Father Charles Puthota

The Most Holy Body and Blood of Christ June 22, 2025

[A]s often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes.

— 1 Corinthians 11:26



THIS SACRED MEAL

Today we celebrate the Most Holy Body and Blood of Christ. Each of the readings includes a blessing and a sharing of food. They remind us of the central place of meals in our lives. Each meal brings to mind other meals: the sharing of cookies and milk, pizza and beer, loaves and fishes, bread and wine. When we prepare a meal for our family, our friends, even strangers, we always put something of ourselves into the preparation and the meal itself. The Most Holy Body and Blood of Christ reminds us of what God put into the preparation for this meal that we celebrate today. We share this sacred meal and are transformed as we remember the death of Jesus and the sacrifice that nurtures our faith, sustains our lives, and supports our work.

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TODAY'S READINGS

First Reading — Melchizedek brought out bread and wine and blessed Abram (Genesis 14:18-20).

Psalm — You are a priest forever, in the line of Melchizedek (Psalm 110).

Second Reading — Paul gives his description of the institution of the Eucharist (1 Corinthians 11:23-26).

Gospel — Jesus spoke to the crowd about the kingdom of God and then fed them with five loaves and two fish (Luke 9:11b-17).

The English translation of the Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Saturday/Sunday Collection **June 14-15**

Weekly Need: \$ 5,000.00
First Collection \$ 2,184.00
Over/Under \$ 2,816.00

Church Environment \$ 710.00

Mass Intentions † Denotes deceased – (L) Living

Monday 8:30 am	June 23 Maria Corazon (L)
Tuesday 8:30 am	June 24 † Marcelina Dionisio † Oscar and † Flo Picazo Carol Blanco (L)
Wednesday 8:30 am	June 25 † Joe Sapiano † Regino Hernandez † Thomas Hernandez
Thursday 8:30 am	June 26 Rev. Charito Suan (L) † Boniface and † Olivia Abranches
Friday 8:30 am	June 27 Keith Abranches (L)
Saturday 8:30 am 4:30 pm	June 28 Seana McGee (L) † Tony and † Josie Sorich
Sunday 8:30 am 10:30 am	June 29 People of the Parish † Sr. Anne Kelley, RGS

On The Horizon at St. Elizabeth

● **Cantwell Hall**

On Monday, June 23rd the hall will be closed for all activities for 5-6 weeks for floor refinishing.

● **Fourth of July**

The parish office will be closed on Thursday, July 3rd in observance of the July 4th holiday.

SAINTS AND SPECIAL OBSERVANCES

Sunday, 6/22	The Most Holy Body and Blood of Christ
Tuesday, 6/24	The Nativity of St. John the Baptist
Friday, 6/27	The Most Sacred Heart of Jesus
Saturday, 6/28	The Immaculate Heart of the Blessed Virgin Mary, St. Irenaus

Faith Formation

Faith Formation registration is now open and forms can be picked up in Church or in the parish office. For more information call: 415-672-4903 or Sophielady7@aol.com



Shrines Pilgrimage

During the Jubilee Year in Rome, you will pass through the 4 Holy Doors located in the 4 major Basilicas.

September 15 through September 28, 2025.

Spiritual Director: Father Charles Puthota.

For more information contact: 800-206-TOUR (8687) or sales@206tours.com

- Rome (The Holy Father) · Monte Cassino · San Giovanni Rotondo (Padre Pio) · Monte Sant'Angelo (St. Michael)
- Lanciano (Eucharistic Miracle) · Loreto (Holy House)
- Assisi (St. Francis)
- Orvieto · Siena · Florence · Padua (St. Anthony)
- Venice

Take in Rome (with its iconic sites, fountains, and four Major Basilicas), and attend the Papal Audience with the Holy Father. Walk in the footsteps of St. Padre Pio and St. Francis of Assisi. Not to mention time to view the Eucharistic Miracle of Lanciano. From Assisi, you will make your way to Florence – recognized as the “Cradle of the Renaissance”. Visit the marvelous Churches, buildings, and museums that make it so unique, as well as the historical relics and artistic masterpieces by the greatest masters! And to finish with Venice – the “City Paved in Water”, famous for its Basilica, palazzi, ancient bridges, monuments, and piazza’s!



With Bishop William Justice (retired) at an All Souls Parish event



Sistine Chapel Exhibit at the Cathedral of St. Mary of the Assumption

The Cathedral of St. Mary of the Assumption will host a unique exhibit featuring art from the Sistine Chapel from June 21 – September 14, 2025. Tickets at : chapelsistine.com/exhibits/san-francisco



Manang Lilia Gurat Cabaccang, turning 94