

## First Sunday of Lent

March 1, 2020

"The Lord, your God, shall you worship and him alone shall you serve."

— Matthew 4:10



© J. S. Paluch Co., Inc.

### STRENGTH AGAINST TEMPTATION

The first Sunday of the season of Lent always includes a Gospel account of the temptation of the Lord Jesus in the desert by the devil. This year, the story is set against the backdrop of the first reading from Genesis, which recounts the very first temptation by the devil. That story is set in a garden of delight. The Gospel story is set in the desert. As believers, we know that temptation comes our way in our own gardens of delight as well as the deserts of our lives. As Lent begins, our attention is drawn to that temptation within each of us to become like God—we want control, power, and answers to all of life's difficult questions. As communities of faith, we are given this season of repentance so that we can join our hearts with others on the difficult journey of conversion. We look to God and to one another for strength against temptation.

Copyright © J. S. Paluch Co.

### TODAY'S READINGS

**First Reading** — The man and the woman ate the fruit of the one tree that God had told them to avoid, and their shame overtook them (Genesis 2:7-9; 3:1-7).

**Psalm** — Be merciful, O Lord, for we have sinned (Psalm 51).

**Second Reading** — Death reigned from Adam to Moses, but now grace and life abound in Christ Jesus

(Romans 5:12-19 [12, 17-19]).

**Gospel** — Jesus was led into the desert by the Spirit and there he fasted for forty days and forty nights (Matthew 4:1-11).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## MASS INTENTIONS

### Monday

8:00 am

### Tuesday

8:00 am

### Wednesday

8:00 am

7:00 pm

### Thursday

8:00 am

### Friday

8:00 am

### Saturday

8:00 am

4:30 pm

### Sunday

7:30 am

9:30 am

11:30 am

### March 2

† Jenny Sant

### March 3

† Maria and † Giuseppe Moretto

### March 4

Communal Service  
† Jovito I. Cruz

### March 5

† Joseph Spiteri

### March 6

The Legion Family  
Thanksgiving

### March 7

† Paul Galea

† Anthony "Tony" Falzon

### March 8

People of the Parish

† Richard Walsh

† Irene Iniguez

† Denotes deceased – (L) Living

For any available Masses listed above please see the priest before Mass with your written intention and stipend.

### Sunday Collection February 23, 2020

Weekly Need: \$ 5,000.00

Sunday Collection \$ 3,278.00

Over/Under \$ 1,722.00

Church Project \$ 781.00

If you make your offertory donation by check, without using parishioner envelopes, it would be most helpful if you placed your parishioner/envelope # in the "memo" section of the check. This helps us input your donation to the offertory data system.

We will not be responsible for donations not credited due to missing envelope numbers (or not having a Sunday collection envelope.)

### MEMORIAL MASS

On Saturday March 14<sup>th</sup> there will be a Memorial Mass for Father Suan's mother, Flora Suan at 10am at St. Elizabeth Church. All are invited to attend.



As in the past, the following regulations are in place for abstaining and fasting during Lent:

**Abstinence:** Everyone fourteen years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent and Good Friday.

**Fast:** Everyone eighteen years of age and older but under the age of sixty is bound to fast on Ash Wednesday and Good Friday.

On these two days, the law of fast allows one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or the ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.

During Lent, every Friday the 8:00 am Mass will be followed by the Stations of the Cross.

Please note: Baptisms do not take place during Lent.

### Volunteers Needed

Do you love the Lord and are you willing to share His message? Do you believe you can make a difference? Our Parish Family Needs You! School of Religious Education needs teachers/teacher aides for the 2019-2020 school year. Please consider volunteering to be a teacher at our weekly Religious Education classes. Classes began September 7, 2019 and will end on May 2020. Classes are 1.5 hours a week. Jesus needs you to share His love for his children! Our students need you. For more information, please Lily Codd at 650-771-3176.



Best Wishes to Joellyn Bischeri for a very happy retirement. Thank you for everything you have done for St. Elizabeth Parish for the past 32 years. We have been blessed to have you as our Parish Manager. You will be missed, but we know your retirement is well deserved. May the next phase of your life bring you all that you seek and more!

### Deanery Lenten Reconciliation

Church of the Visitacion

Saturday, March 7, 2020

9:30 am – 12:00 pm

Lunch to follow in the Parish Hall

655 Sunnysdale Ave, San Francisco, 94134

Tel: 415-494-5517 info@visitacionchurch.org

### Help Wanted

We are currently looking for an Office Manager/Bookkeeper for the parish office. For job description or more information please contact Fr. Suan via email at [stelizabethchurchsf@gmail.com](mailto:stelizabethchurchsf@gmail.com). No telephone calls please.